

VISUAL

IMPAIRMENT

Visual impairment is a term experts use to describe any kind of vision loss, whether it's someone who cannot see at all or someone who has partial vision loss. Worldwide, the number of people of all ages who are visually impaired is approximately 285 million, of whom 39 million are blind. Visual impairment is an issue that is often overlooked, but many people have to live with it on a daily basis.



GLOBALLY, AT LEAST 2.2 BILLION PEOPLE HAVE A NEAR OR DISTANCE VISION IMPAIRMENT. IN AT LEAST 1 BILLION OF THESE CASES, VISION IMPAIRMENT COULD HAVE BEEN PREVENTED OR HAS YET TO BE ADDRESSED.

THE LEADING CAUSES OF VISION IMPAIRMENT ARE:

- uncorrected refractive errors
- age-related macular degeneration
- Cataract
- Glaucoma
- diabetic retinopathy
- corneal opacity
- Trachoma



VISION IMPAIRMENT IS CLASSIFIED INTO TWO GROUPS, DISTANCE AND NEAR PRESENTING VISION IMPAIRMENT.

EYE CONDITIONS THAT DO NOT CAUSE COMPLETE VISION LOSS:

- MYOPIA / NEAR-SIGHTEDNESS
- HYPEROPIA / FAR-SIGHTEDNESS
- ASTIGMATISM
- COLORBLINDNESS

EYE CONDITIONS THAT CAUSE COMPLETE VISION LOSS:

- BLINDNESS



100%

100 PERCENT OF PEOPLE THAT HAVE A FORM OF VISUAL IMPAIRMENT SAID THAT PEOPLE OVERLOOK IT AS A DISABILITY.

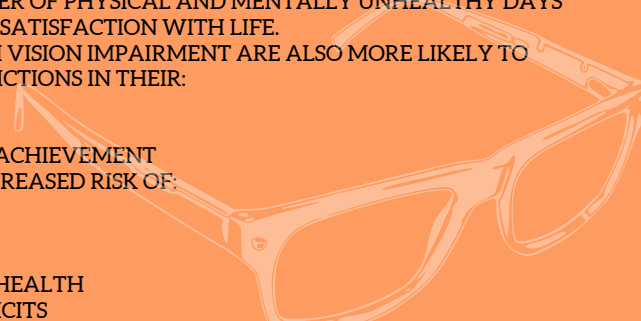


85.7%

85.7% OF PEOPLE SAID THAT HAVING A VISUAL IMPAIRMENT MAKES THEM FEEL SELF-CONSCIOUS AND MAKES IT HARD FOR THEM TO DO MANY THINGS.

THE CONSEQUENCES OF VISION IMPAIRMENT OFTEN NEGATIVELY IMPACT THE QUALITY OF LIFE:

- INCLUDING THE NUMBER OF PHYSICAL AND MENTALLY UNHEALTHY DAYS AND THE OVERALL DISSATISFACTION WITH LIFE.
 - INDIVIDUALS WITH VISION IMPAIRMENT ARE ALSO MORE LIKELY TO EXPERIENCE RESTRICTIONS IN THEIR:
 - INDEPENDENCE
 - MOBILITY
 - EDUCATIONAL ACHIEVEMENT
 - AS WELL AS AN INCREASED RISK OF:
 - FALLS
 - FRACTURES
 - INJURIES
 - POOR MENTAL HEALTH
 - COGNITIVE DEFICITS
 - SOCIAL ISOLATION



71.4%

71.4 percent of people said that 10/10 visual impairment interfered with their life.

100%

100 percent of people said that visual impairment has made it hard for them to do many things and it has made them feel self-conscious at times.

MOST OF THE DISEASES OR CONDITIONS PROMPTING VISUAL IMPAIRMENT OR BLINDNESS CAN BE PREVENTED OR TREATED WITH KNOWN AND COST-EFFECTIVE INTERVENTIONS.



WE CAN CHANGE THE WAY THE WORLD SEES

RAISE AWARENESS

WORLD SIGHT DAY,

held each year on the second Thursday of October, seeks to draw attention to these issues surrounding blindness and visual impairment and to educate people about preventable blindness.

WHAT YOU CAN DO: TAKE CARE OF YOUR EYES

- GET A ROUTINE EYE EXAM EVERY YEAR
- EAT LOTS OF LEAFY GREENS AND HEALTHY FATS
- LIMIT YOUR INTAKE OF PROCESSED FOODS.
- EXERCISE REGULARLY TO MAINTAIN A HEALTHY BLOOD PRESSURE
- KNOW YOUR FAMILY VISION HISTORY
- WEAR SUNGLASSES AND OTHER PROTECTIVE EYEWEAR



OPEN YOUR eyes

GOOD QUALITY RESTORATION ALLOWS PEOPLE WITH DIFFERENT LEVELS OF VISUAL IMPAIRMENT TO FULLY BENEFIT FROM LIFE, ACCOMPLISH THEIR GOALS, AND BE PRODUCTIVE AND FRUITFUL IN TODAY'S SOCIETY.