

VISUAL IMPAIRMENT

Forms of Visual Impairment:

VISION IMPAIRMENT IS CLASSIFIED INTO TWO GROUPS, DISTANCE AND NEAR PRESENTING VISION IMPAIRMENT.

Distance vision impairment:

- Mild -visual acuity worse than 6/12 to 6/18
- Moderate -visual acuity worse than 6/18 to 6/60
- Severe -visual acuity worse than 6/60 to 3/60
- Blindness -visual acuity worse than 3/60

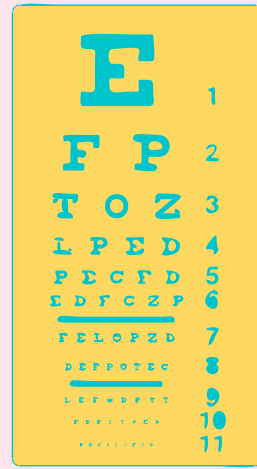
Near vision impairment:

- Near visual acuity worse than N6 at 40cm.



GLOBALLY, THE LEADING CAUSES OF VISION IMPAIRMENT ARE:

- UNCORRECTED REFRACTIVE ERRORS
- CATARACT
- AGE-RELATED MACULAR DEGENERATION
- GLAUCOMA
- DIABETIC RETINOPATHY
- CORNEAL OPACITY
- TRACHOMA



Vision loss affects more than one's ability to see the world clearly.

The consequences of vision impairment often negatively impact the quality of life:

- Including the number of physical and mentally unhealthy days
- The overall dissatisfaction with life.
- Individuals with vision impairment are also more likely to experience restrictions in their:
 - independence, mobility, and educational achievement.



The economic impact of vision loss is also significant.

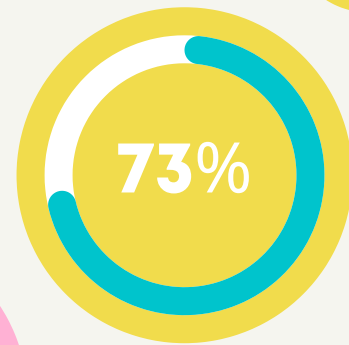
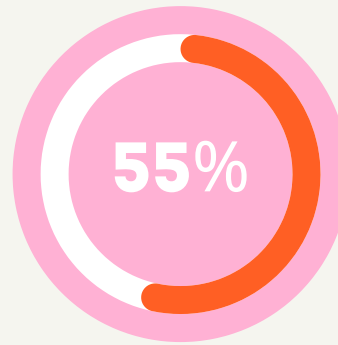
Vision impairment also results in an enormous global financial burden. For instance, the annual global costs of productivity losses associated with vision impairment from uncorrected myopia and presbyopia alone were estimated to be \$244 billion and \$25.4 billion, respectively.

WORLDWIDE THE NUMBER OF PEOPLE OF ALL AGES WHO ARE VISUALLY IMPAIRED IS APPROXIMATELY 285 MILLION, OF WHOM 39 MILLION ARE BLIND.



OVER 90% OF VISION LOSS COULD BE AVOIDED.

55% OF PEOPLE WITH VISION LOSS TEND TO BE WOMEN.

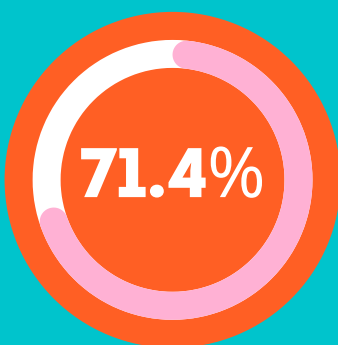


73% OF PEOPLE WITH VISION LOSS ARE OVER 50 YEARS OLD.

85.7%

85.7% OF PEOPLE SAID THAT HAVING A VISUAL IMPAIRMENT MAKES THEM FEEL SELF-CONSCIOUS AND MAKES IT HARD FOR THEM TO DO MANY THINGS.

71.4 PERCENT OF PEOPLE SAID THAT 10/10 VISUAL IMPAIRMENT INTERFERED WITH THEIR LIFE.



RAISE AWARENESS

WORLD SIGHT DAY,

held each year on the second Thursday of October, seeks to draw attention to these issues surrounding blindness and visual impairment and to educate people about preventable blindness.

WHAT YOU CAN DO: TAKE CARE OF YOUR EYES

- GET A ROUTINE EYE EXAM EVERY YEAR
- EAT LOTS OF LEAFY GREENS AND HEALTHY FATS
- LIMIT YOUR INTAKE OF PROCESSED FOODS.
- EXERCISE REGULARLY TO MAINTAIN A HEALTHY BLOOD PRESSURE
- KNOW YOUR FAMILY VISION HISTORY
- WEAR SUNGLASSES AND OTHER PROTECTIVE EYEWEAR